

Cyber Tips

Cyberbullying can be a dangerous situation. When faced with this kind of situation, it can be tempting to bully back. However, seeking revenge will only make conditions worse. Here are five better strategies to deal with cyberbullying:

- Tell a trusted adult who can help you deal with what's happening.
- Don't seek revenge; don't be a bully yourself!
- Report the incident to the service provider, such as Facebook or Twitter.
- Block communication from the bully.
- Maintain positive online safety habits, like using strong passwords and avoiding sharing personal information.

Text Message Safety is another important factor in our cyber world. Texting is a great communication tool, but just as with any tool or technology, there are rules for texting safely:

1. Never text while driving.
2. Give your number only to people you know and trust.
3. Don't reply to a text if you don't know or can't tell who it is from.
4. Keep your texts or calling history private, and think twice before allowing someone to use your phone.
5. Never send inappropriate messages or take or share compromising photos.